Spring Lake Park Recreation presents...

Mediterranean Coastal Journey

August 22 – September 6, 2026

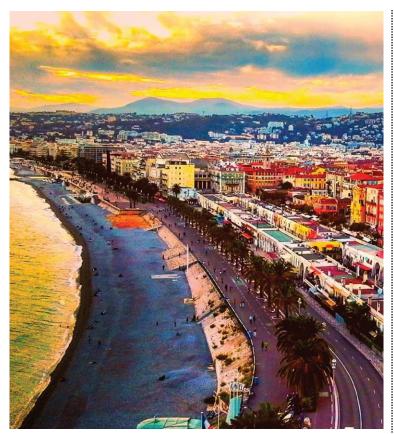


Upgrade to Elite Airfare! See inside for details.



For more information contact
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Spring Lake Park Recreation
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For online registration information please visit: www.slprec.org



Small Group Travel rewards travelers with new perspectives. With just 12-24 passengers, these are the personal adventures that today's cultural explorers dream of.

16 Days • 23 Meals: 14 Breakfasts, 2 Lunches, 7 Dinners

HIGHLIGHTS... Barcelona, La Casa Batlló, Parc Güell, Spanish Riviera, Dali Theatre-Museum, Abbaye de Fontfroide, Aix-en-Provence, Cassis Boat Tour, Wine Tasting, French Riviera, Monaco, Portofino, Carrara Marble Quarries, Florence, Truffle Hunting, San Gimignano

ITINERARY AT A GLANCE

Day 1 Overnight Flight

Days 2, 3 H10 Art Gallery, Barcelona

Days 4 – 6 Park Hotel San Jorge, Costa Brava

Days 7, 8 Boutique Hotel Cezanne, Aix-En-Provence

Days 9, 10 Hotel Apollinaire, Nice

Days 11, 12 Grand Hotel Arenzano, Genoa

Days 13 - 15 Hotel Borgo di Cortefreda, Tuscany

On some dates alternate hotels may be used.

Day 1: Saturday, August 22, 2026 Overnight Flight You're on your way to the Mediterranean coast for a journey connecting the Spanish, French, and Italian Rivieras. From chameleonic Barcelona to sun-kissed Nice, and from the splendor of Provence to the rolling hills of the Tuscan countryside, embark on a coastal journey combining rich scenery, art, culture, food, and wine.

Day 2: Sunday, August 23, 2026 Barcelona, Spain Welcome to the Mediterranean coast. Begin your journey in Barcelona, famed for its exceptional architecture and vibrant culinary scene. As arrival times will vary, there is no scheduled sightseeing today. Spend the day as you wish, exploring the city independently. Tonight, meet your fellow travelers over a welcome dinner at a local restaurant. (D)

Day 3: Monday, August 24, 2026 Barcelona This morning, step into the shoes of a local and navigate the metro. Then, explore the ever-changing Catalan capital as it's meant to be — on foot. Stroll along the bustling La Rambla boulevard, famous for its street artists and performers. Wander along the Gothic Quarter's labyrinthine streets and delve into one of Barcelona's lively food markets. This afternoon, gain a different perspective on Barcelona at Parc Güell (UNESCO). This expansive garden, designed by the legendary Antoni Gaudí, is a feast for the eyes with its colorful mosaics and fantastical architecture. Finally, visit to the surreal and stunning Casa Batlló, locally known as the "house of bones" — another of Gaudí's architectural masterpieces. (B)

Day 4: Tuesday, August 25, 2026 Barcelona - Girona - Costa Brava (Spanish Riviera) Set out for Girona, a medieval town known for its atmospheric Old Quarter. On arrival, it's your choice! Visit the Museum of Jewish History to uncover the legacy of Girona's Jewish community -OR- head uphill through the old town toward Girona Cathedral to explore the Arab Baths, a serene 12th-century bathhouse built in Romanesque style. Enjoy time for lunch on your own in Girona before heading to the Catalonian coast for a three-night stay at a seaside hotel. Discover the allure of Costa Brava, the perfect place to spend your days relaxing in your sea-view room or exploring secluded coves and beaches. This evening, relax over dinner at your hotel. (B, D)

Day 5: Wednesday, August 26, 2026 Costa Brava - Figueres - Costa Brava Take in the Spanish coastline during a coastal walk between the charming villages of Calella de Palafrugell and Llafranc. Then, travel inland to the town of Figueres, the birthplace of Salvador Dalí. Visit the extraordinary Dalí Theatre-Museum; its eccentric exterior topped with giant eggs and golden statues hints at the imaginative world inside. From dreamlike paintings to whimsical installations, explore works of one of the 20th century's most influential artists. Later, return to your hotel for a free evening. (B)

Day 6: Thursday, August 27, 2026 Costa Brava Today is yours to enjoy at leisure along the stunning Costa Brava. Relax at your coastal hotel, take a refreshing dip in the Mediterranean, or simply unwind on the beach with the sound of the waves as your backdrop. For those eager to explore further, consider an optional* excursion to the enchanting medieval town of Besalú, and experience a taste of the region's rich winemaking heritage. (B)

Day 7: Friday, August 28, 2026 Costa Brava - Aix-en-Provence, France Bid adiós to the Spanish Riviera as you cross into southern France and journey into the heart of Provence. Along the way, visit Fontfroide Abbey, founded almost 10 centuries ago. Explore its tumultuous history during a guided visit that concludes with a paired lunch of its locally produced wine. Continue your journey to Aix-en-Provence, a charming town in the heart of the Provençal countryside. Known for its elegant boulevards, lively markets, and artistic heritage, Aix offers a perfect introduction to the region's timeless beauty and relaxed pace of life. (B, L)







Per Person Rates*:

Double \$9,199; Single \$10,899; Triple \$8,999

Included in Price: Round Trip Air from Minneapolis St Paul Intl, Air Taxes and Fees/Surcharges, Hotel Transfers **Not included in price:** Cancellation Waiver and Insurance of \$549 per person

Upgrade your in-flight experience with Elite Airfare

Additional rate of: Premium Economy \$1,690; Business Class \$4,590

- * Elite Air pricing (Premium Economy, Business Class or First class) is valid until 8 months prior to departure, after which rates are subject to change and will be quoted based upon availability.
- † Refer to the reservation form to choose your upgrade option
- * All Rates are Per Person and are subject to change

IMPORTANT CONDITIONS: Your price is guaranteed once deposit is received and booking confirmed by Collette. Your price is not subject to increase after the deposit is received and booking confirmed, except for charges resulting from increases in government-imposed taxes or fees. (See registration form for consent.)

Day 8: Saturday, August 29, 2026 Aix-en-Provence - Cassis - Aix-en-Provence Journey to the charming fishing village of Cassis, nestled between the dramatic cliffs of Cap Canaille and the rugged beauty of Calanques National Park. With its colorful waterfront, bobbing boats, and laid-back Mediterranean vibe, Cassis invites you to slow down and soak in its coastal charm. Enjoy a scenic cruise through the Calanques, where towering limestone cliffs and hidden coves create a breathtaking natural landscape. Back in Aix, walk to dinner at a nearby restaurant and savor Provencal cuisine. (B, D)

Day 9: Sunday, August 30, 2026 Aix-en-Provence - Cannes - Nice, French Riviera Travel to glamorous Cannes and soak up its star-studded atmosphere before setting sail across the Bay of Cannes to the serene island of Saint-Honorat**. For over a thousand years, the monks of Lérins Abbey have called this island home. Here, enjoy a tasting of the island's locally produced wine, crafted by the monks themselves. Return to the mainland and continue to Nice for a two-night stay in the heart of the Côte d'Azur. (B)

Day 10: Monday, August 31, 2026 Nice The day is yours to explore Nice. Perhaps you'll stroll along the lively seafront *Promenade des Anglais* before finding your favorite café and soaking in the local life or venture up to Castle Hill. Or opt for a journey to St. Paul de Vence, exploring this charming walled medieval village, and then on towards Grasse, where you'll uncover the art of French perfumery in a hands-on workshop led by a master "nez." No matter how you spend your day, this evening, savor a tasting menu highlighting the delights of the South of France. (B, D)

Day 11: Tuesday, September 1, 2026 Nice - Monaco - Arenzano, Italy Bid *au revoir* to France this morning as you head to Monaco, the second smallest country in the world. Witness the changing of the guard at the Prince's Palace and step inside the Cathedral of Monaco, the final resting place of Prince Rainier III and Princess Grace. Then, take time to explore the charm and elegance of this tiny yet iconic nation at your own pace. Take in the coastal views

as you cross into Italy during an afternoon-long transfer to Arenzano, a picturesque seaside town on the Ligurian Riviera, offering a blend of coastal charm, historic elegance, and lush natural surroundings. Settle into your hotel for a two-night stay on the Italian Riviera. (B)

Day 12: Wednesday, September 2, 2026 Arenzano - Santa Margherita - Portofino - Arenzano Start your day with a peaceful morning in Arenzano — perhaps take a stroll along the seaside promenade. Then, set off on a picturesque drive to the sophisticated town of Santa Margherita Ligure, situated along the stunning Ligurian Coast. Later this afternoon, board a boat*** to one of the most glamorous spots on the Italian Riviera — Portofino. Take in its colorful harbor, dotted with fishing boats and yachts set against a backdrop of pastel-colored buildings. (B)

Day 13: Thursday, September 3, 2026 Arenzano – Carrara – Tuscan Countryside Venture beyond the usual tourist routes to discover one of Italy's most impressive natural landmarks: the marble quarries of Carrara. Embark on an off-road journey through the rugged Apuane Mountains, tracing the paths carved out by quarrymen. Carrara marble has long been revered for its beauty and was famously used by Michelangelo for masterpieces such as the *Pietà* in St. Peter's Basilica and the iconic *David*. Your day continues through Tuscany's gentle hills. After tasting some traditional bites paired with olive oil, arrive for a relaxing stay in the Tuscan countryside. (*B, D*)

Day 14: Friday, September 4, 2026 Tuscan Countryside - Florence - Tuscan Countryside Today is dedicated to Florence, the "Cradle of the Renaissance". Join a local expert for a walking tour through the city's heart. Marvel at Ghiberti's gilded "Gates of Paradise" and Brunelleschi's imposing dome at the Santa Maria del Fiore cathedral complex. Stand before the Palazzo Vecchio, a symbol of the Medici dynasty's power, and end your guided walk in the expansive Piazza Santa Croce. Take free time to explore Florence at your own pace before savoring Tuscan specialties for dinner at a local restaurant. (B, D)

For more information visit https://gateway.gocollette.com/link/1293525

Day 15: Saturday, September 5, 2026 Tuscan Countryside - San Gimignano - Tuscan Countryside Enjoy a memorable epicurean adventure with a truffle hunt,**** led by a local expert and trained, truffle-sniffing dogs. Set out on foot through rolling hills and silvery olive groves in search of the elusive tuber-shaped fungi before sampling the results for lunch. Then spend time in San Gimignano, whose slender medieval towers stand tall over the surrounding vineyards. As the sun begins to set, gather with your fellow travelers for a farewell dinner at your hotel. (B, L, D)

Day 16: Sunday, September 6, 2026 Tuscan Countryside - Tour Ends Say *arrivederci* to Italy as your journey along the Mediterranean coast comes to an end today. *(B)*

Important Tour Information:

The overall activity level of this tour is a level 3. This means you're an onthe-go traveler. You don't want to miss a thing, so walking and standing for longer periods of time (2-3 hours) isn't a big deal. A moderately paced two-and-a-half-hour walking tour, covering several miles, hills, and uneven surfaces, is no problem for you. Walking four miles over the course of a day is very doable, as is climbing into and out of various modes of transportation (tuk-tuk, cable car, zodiac, etc.). You can climb three flights of stairs easily and handle altitudes between 6,000 and 9,000 feet. Expect some longer days with early mornings or late nights balanced with free time to recharge or set out on your own adventure. This level is not a fit for travelers who require mobility assistance devices.

Travel with an average of 16 people (maximum of 24).

You should expect large crowds in Barcelona, Portofino and Florence, which requires a minimum of 2.5 miles of walking over flat but cobblestoned streets with narrow sidewalks.

If you require any special assistance while on tour, please make us aware at time of reservation so the necessary request form can be sent to your attention.

****The truffle hunting activity takes place in the countryside on unpaved paths and in wooded areas. To participate you must wear comfortable, sturdy walking or hiking shoes. Waterproof shoes are recommended as mud and puddles are common in the area.

The days and order of sightseeing may change to best utilize your time on tour

Museum visits and shopping may be affected by observance of religious or local holidays. In France and Italy most museums are closed on Mondays or Tuesdays.

Some of the most unique sightseeing requires accessing locations that restrict motor coaches, especially in historic areas such as Barcelona, Marseille, Aix-en-Provence, Monaco, Genoa, Portofino, Florence, and San Gimignano.

*Due to high demand, this option may not be offered in some specific departures

**Saint Honorat Island is only available from April to October. If you travel at a different time of the year, the visit and wine tasting will not be included, but you will spend more time enjoying Cannes and visiting a local museum.

***The boat ride to Portofino operates on a weather-permitting basis between March and early November. When the weather is uncooperative, you will still visit Portofino, but you will travel there by public bus.

Dining hours in Spain are much later than in North America and South Pacific. Restaurants typically serve lunch around 1:00 p.m. and dinner around 8:30 p.m.

Hotel check-in on your day of arrival is 3:00 p.m. Rooms may not be available prior to that time.

When reserving single accommodations, please be advised that single rooms in Spain, France and Italy are often smaller in size.

Single accommodations are limited and are available on a first-come, first-served basis. Single rate subject to change based on availability.

For air-inclusive reservations, the name provided at time of booking must match your government-issued ID that will be used during travel. Name changes are subject to penalties.

Please be advised, many airlines do not provide advance seat assignments until check-in at the airport. Advance seating will be subject to the airline's terms and conditions.

Our air travelers will arrive into Barcelona airport and depart from Florence airport. All departure transfers will depart from your Tuscan countryside hotel to Florence airport.

Economy air rate and schedule are applicable for groups of 10 or more traveling on the same flights and dates.

Travel Requirements:

Passports are required for this tour at your expense. Certain countries require that your passport be valid at least 6 months beyond the dates of your travel. You are strongly urged to contact the appropriate consulate for details. Visit www.travel.state.gov for the U.S. State Department for the latest details about passports and visa requirements.

IMPORTANT: We recommend that travelers take a photocopy of their passport and applicable visas. It should be packed separately from your actual passport and visa. We also recommend leaving a copy at home with your emergency contact.

Passport numbers are required in advance. Please provide this information at time of booking.

ETIAS visa waiver requirements are anticipated to begin during the last quarter of 2026, for a fee, when visiting a Schengen Area Country. To identify Schengen Area Countries and to complete the ETIAS application, please visit https://travel-europe.europa.eu/etias_en

A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the seat reduction date of January 16, 2026 are based upon availability. Final payment due by May 24, 2026. Deposits are refundable up until January 23, 2026.

CST#2006766-20 UBN#601220855 Nevada Sellers of Travel Registration No. 2003-0279





For important reservation information visit https://gateway.gocollette.com/link/1293525.

You can also find this information on your tour documents.



162 Middle Street Pawtucket, RI • 02860

Phone: 1-800-852-5655

BOOKING NUMBER: 1293525 TOUR: Mediterranean Coastal Journey Spain, France

& Italy

DEPARTURE DATE: August 22, 2026 GROUP NAME: Spring Lake Park Recreation

Available Options

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

Availability is limited and reservations are on a first come, first serve basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change.

Children under the age of 18 MUST be accompanied by an adult.

Costa Brava

Besalú's Medieval Charms & Wine Tasting

\$39 **USD**

Imagine starting your day with a visit to the enchanting medieval town of Besalú. As you cross its iconic 12th-century Romanesque bridge, you'll feel as if transported back in time, wandering through narrow cobblestone streets lined with historic buildings and charming shops. Explore the ancient Jewish quarter, the beautifully preserved mikvah, and the impressive churches of Sant Pere and Sant Vicenc. After soaking in the rich history of Besalú, continue to a delightful wine tasting experience, where rolling vineyards stretch as far as the eye can see, and you'll meet local winemakers eager to share their craft. Set against the stunning backdrop of the Mediterranean Sea and rustic architecture of the wineries, enjoy a blend of relaxation and indulgence. A day amid Besalú's historic charm and relaxing vineyards awaits. Duration: Approximately 3 hours. Please note a minimum of 6 passengers is required. Transportation is included.

Nice

A Day in St. Paul de Vence & Grasse

\$89 **USD**

Explore historic St. Paul de Vence, an artists' haven situated atop a hill overlooking the beautiful countryside. Wander along the narrow lanes of this charming walled medieval village, soaking in its distinctive light, said to have inspired artists such as Matisse and poet Jacques Prévert. Continue to Grasse, the capital of French perfume. Here, discover the secrets of perfume making during a hands-on workshop led by an expert perfumer, affectionately referred to as a "nez" (nose). Duration: Approximately 9 hours. Please note a minimum of 4 passengers is required. Transportation is included.



TRAVEL DATE: 8/22/2026 TERRITORY: M5 RES#: 1293525

Mediterranean Coastal Journey Spain, France & Italy

This form is intended for use by the Group Leaders only. Please note that Collette is unable to process this form

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Clearly print your full name (first/middle/last) as it appears on your government issued travel documentation.

PLEASE MAKE CHECKS PAYABLE TO: Collette () Check () Credit Card

IMPORTANT: In order to avoid any unnecessary change fees, it is imperative that all guest names are entered correctly from the start. The information below must be the <u>legal</u> name and be 100% identical to the ID being used to travel passport/driver's license> including middle names or suffixes Jr, Sr>.

First:	Middle:		Last:		Suffix:
Nickname:	Gender: () Male	() Female	Date of Birth: month _	day	year
Address:		City:		State:	Zip Code:
Phone: ()	Cell: ()	Ema	ail Address:	
Should you become ill or injure	d, whom should we contact (r	not traveling v	with you):	Phone: ()	
ROOMING WITH: Check if a	ddress is the same as Passeng	er #1			
First:	Middle:		Last:		Suffix:
Collette cannot guarantee your spre-scheduled times. Please be advised, when travelliadditional charge. Please reserve an upgrade to Elite Service is limited and not available	ng as part of a group, many air e Airfare for an additional rate o	rlines do not p	orovide seat assignment	s. Preferred seating nusiness Class \$4,590	nay be available for an
flight schedule as the group. Upgra Elite Air pricing (Premium Econom quoted based upon availability.				e, after which rates are	subject to change and will be
Are you willing to separate from the "Federal law forbids carriage of checked or carry-on baggage. A found on TSA's "prohibited item TRAVEL PROTECTION: () Yes,	hazardous materials such as a violation can result in 5 years s" web page: http://www.tsa.ɛ	erosols, firew ' imprisonme gov/traveler-i	orks, lithium batteries & nt and penalties of \$250 nformation/prohibited	& flammable liquids a 0,000 or more. Detail	
If you choose not to purchase Col with first deposit. The Waiver Fe cancel for any reason prior to de Part B which includes a single su	lette's Waiver Insurance Plan, y e does not cover any single su parture. The single suppleme	you will incur pplement cha nt will be ded	penalties for changes an rges which arise from a ucted from the refund o	n individual's travelir f the person who can	ng companion electing to



TOUR: Mediterranean Coastal Journey Spain, France & Italy

GROUP NAME: Spring Lake Park Recreation

DEPARTURE DATE: Aug 22, 2026

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AVAILABLE PREPAID OPTIONS

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Availability is limited and reservations are on a first come, first served basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change. Children under the age of 18 MUST be accompanied by an adult.

Salutation: First:	Middle: Last:	Suffix: Nickname:
(Mr., Mrs., Rev.)	(Please print EXACTLY as it appears on Passport)	(Jr., Sr.)
		Price Per
\checkmark	Option	Person
	•	(USD)
Besalú's Med	lieval Charms & Wine Tasting	39.00
A Day in St. F	Paul de Vence & Grasse	89.00



Special Needs Form

Please complete this form, sign and return it to us within 14 days of receipt.

Email: <u>TravelOperations@collette.com</u>

Fax: 401.727.4745

Mail: Collette: Travel Operations

180 Middle Street Pawtucket, RI 02860

TRAVELERS NEEDING SPECIAL ASSISTANCE

You must report any disability requiring special attention to Collette at the time the reservation is made. *Collette will make reasonable efforts to accommodate the special needs of tour participants. Such participants, however, should be aware that the Americans with Disabilities Act is inapplicable outside of the United States and facilities outside the United States for disabled individuals are limited. It is strongly recommended that persons requiring assistance be accompanied by a companion who is capable of and totally responsible for providing the assistance. Neither Collette nor its personnel, nor its suppliers, may physically lift or assist clients into transportation vehicles. If a traveler thinks he or she might need assistance during a trip, he or she should call Collette to determine what assistance might reasonably be given. Collette cannot provide special individual assistance to tour members with special needs for walking, dining, or other routine activities. Internationally, a great deal of walking may be necessary to fully enjoy the destination. Travelers should be in good health and must be able to walk reasonable distances. In some areas, travelers may be required to walk on uneven ground, cobblestone streets or raised thresholds.

*To request a wheelchair accessible room on a cruise, the traveler or person sharing the room must have a recognized disability that alters a major life function and requires the use of a mobility device and the use of the accessible features provided in the wheelchair accessible stateroom. The cruise company may take appropriate action against someone who has reserved or purchased such a stateroom fraudulently. Action may include but is not limited to removal from the stateroom to a non-accessible accommodation up to denial of boarding.

Reservation #	
Name:	Male or Female (circle one)

Are you traveling with a wheelchair? Yes No

If you answer "YES"	
 Does your wheelchair of 	collapse? Yes No
 Can you stand and clim 	nb steps to board the coach without it? Yes No
•	ng your own wheelchair? Yes No
·	g your own wheelchair who will provide assistance?
	d without the dimensions of your wheelchair: Length Width
Are you traveling with a	walker? Yes No
If you answer "YES"	
Does your walker	collapse? Yes No
This form cannot be processed	d without the dimensions of your walker:
Heig	ght Length
Width	, <u> </u>
Tour Managers and drivers do	not provide assistance lifting, pushing or carrying
	rized scooters are not permitted on tour.
Are you requesting any h	otel room accommodations? Yes No
If "YES" Please indicate if one	or more of the following is required in the washroom.
 Walk-in shower 	Yes No
 Grab bars 	Yes No
 Raised toilet seat 	Yes No
Please provide any details in re	eference to the nature of your request.

Most hotel rooms that can accommodate the request will be equipped with only 1 bed.

Do you understand and accept? Yes No

Collette cannot guarantee the availability of such rooms as many hotels have a limited number of rooms that are equipped with the above accommodations.

Are you traveling with an oxygen tank? Yes No

If you answer "YES"

I have read and understand the above:

- You must contact the airline directly to arrange transportation of the oxygen on the plane. Oxygen requests vary by airline and location and can take up to 2 weeks to request.
- You are responsible for supplying your own electrical cords, and converters as needed.

This form must be remitted within 14 days of receipt for any special needs accommodation request.

Collette cannot provide special individual assistance to tour members with special needs for walking, dining, or other routine activities and motorized scooters are not permitted on tour.

The Americans with Disabilities Act only applies in the United States. Many international destinations cannot accommodate passengers' requests. Collette will make all reasonable efforts to accommodate the special needs of tour participants, but we cannot guarantee that all requests will be honored on international destinations. Collette also regrets that it cannot provide individual assistance to a tour member with special needs for walking, dining, or other special personal needs. It is strongly recommended that persons requiring assistance be accompanied by a companion who is capable and totally responsible for the assistance.