

Spring Lake Park Recreation presents...

Discover Highlights of Norway

with Optional 3-Night Iceland Post Tour Extension

June 20 – 28, 2026



Upgrade to Elite Airfare! See inside for details.



For more information contact
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For online registration information please visit
www.slprec.org
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9 Days • 12 Meals: 7 Breakfasts, 5 Dinners

HIGHLIGHTS... Bergen, Nordfjord Folk Museum, Geirangerfjord Cruise, Loen Skylift, Flåm Railway, Borgund Stave Church, Oslo

ITINERARY AT A GLANCE

Day 1	Overnight Flight
Days 2, 3	Scandic Ornen, Bergen
Days 4, 5	Alexandra Hotel, Loen
Day 6	Fretheim Hotel, Flam
Days 7, 8	Hotel Bristol Oslo, Oslo

On some dates alternate hotels may be used.

Day 1: Saturday, June 20, 2026 Overnight Flight Begin your journey to a land of mountains, glacial fjords, legends, and charming people, as you set off for Norway. Dive into the culture of the region, connecting with layers of Viking history, attention-grabbing nature, and a sense of refined traditions.

Day 2: Sunday, June 21, 2026 Bergen, Norway Arrive in Bergen, in the heart of the Fjords, where you'll be greeted by small town charm despite it being the second largest city in Norway. With no scheduled activities through the afternoon, enjoy time to explore Bergen independently. Meet your fellow travelers for a welcome dinner in the historic Bryggen neighborhood. (D)

Day 3: Monday, June 22, 2026 Bergen Stroll along the historic and iconic Bryggen harbor front (UNESCO) on a guided walking tour of Bergen. Vibrant hues of historic wooden buildings and the salty sea breeze blends as you gain a sense of this area's long maritime history. The rest of the day is yours to explore Bergen at your leisure. (B)

Day 4: Tuesday, June 23, 2026 Bergen - Loen Heading north this morning, take in the striking scenery along your journey today. Stop for lunch in a village along the way, and continue on to the Nordfjord Folk Museum, an open-air cultural history museum depicting how Norwegians have lived from the 17th century to the modern day. Later, arrive at the hotel for a relaxing evening and dinner. (B, D)

Day 5: Wednesday, June 24, 2026 Loen Find yourself immersed in the enchanting landscapes of Norway's fjord region. Soak up the mesmerizing landscape on an exhilarating Geirangerfjord cruise in Geiranger (UNESCO). Discover Norway's mightiest waterfalls – the Seven Sisters, the Bridal Veil, and the Sutor. Marvel at the homesteads built along the steep sides of the mountains, where farmland has endured for centuries. (B, D)

Day 6: Thursday, June 25, 2026 Loen - Flåm Reach great heights with today's adventures. This morning, ride the Loen Skylift, one of the world's steepest cable cars, for unrivaled views of the fjord landscape. Continue to the quaint village of Flåm, your gateway to the grandeur of Aulandsfjord. Traverse the terrain on the renowned Flåm Railway, one of the steepest train rides in the world, and climb 3,000 feet past rushing waterfalls, looming mountains, and picturesque valleys. Descend back into Flåm for your stay tonight. (B, D)

Day 7: Friday, June 26, 2026 Flåm - Oslo Norway's impressive landscapes continue to weave their spell on you as you travel to Oslo today. On the way, visit the Borgund Stave Church, an awe-inspiring building dedicated in honor of the Apostle Andrew in 1180. After a stop for lunch, continue on to Norway's grand capital and enjoy an evening at leisure. (B)

Day 8: Saturday, June 27, 2026 Oslo This morning, join a local guide and begin your day at the Fram Museum, dedicated to telling the story of Norwegian polar exploration. Venture down Karl Johan Street, passing iconic buildings such as the Royal Palace and city hall as you take in the charming heart of downtown Oslo. This afternoon enjoy free time to relax or continue discovering the hidden gems of Oslo on your own. Tonight, toast to your Norwegian adventure with your fellow travelers during a farewell dinner featuring traditional fare in one of Oslo's oldest buildings. (B, D)

Day 9: Sunday, June 28, 2026 Oslo - Tour Ends Say "ha det" to Norway and depart for home with incredible memories of your adventures. (B)



Per Person Rates*:

Double \$6,199; Single \$7,299

Included in Price: Round Trip Air from Minneapolis St Paul Intl, Air Taxes and Fees/Surcharges, Hotel Transfers

Not included in price: Cancellation Waiver and Insurance of \$549 per person

Upgrade your in-flight experience with Elite Airfare

Additional rate of: Premium Economy \$1,890; Business Class \$3,990

- * Elite Air pricing (Premium Economy, Business Class or First class) is valid until 8 months prior to departure, after which rates are subject to change and will be quoted based upon availability.

† Refer to the reservation form to choose your upgrade option

* *All Rates are Per Person and are subject to change*

IMPORTANT CONDITIONS: Your price is guaranteed once deposit is received and booking confirmed by Collette. Your price is not subject to increase after the deposit is received and booking confirmed, except for charges resulting from increases in government-imposed taxes or fees. (See registration form for consent.)

Important Tour Information:

The overall activity level of this tour is a level 2. This means you like a balanced approach to travel. Walking two to three miles over the course of a day is no problem for you. You can handle a variety of terrains, from cobblestone streets to moderate hills with relative ease and without assistance. You can climb two flights of stairs with ease. Expect some full days balanced with free time to recharge or set out on your own adventure. You can handle altitudes up to 6,000 feet. While this level is appropriate for travelers that require mobility assistance devices, there could be times when you may have to sit out on some of the included activities.

Travel with an average of 37 people (maximum of 44).

This tour is not suitable for individuals who experience a fear of heights.

If you require any special assistance while on tour, please make us aware at time of reservation so the necessary request form can be sent to your attention.

The Leon Skyliift has an elevation of 3,317 feet (1,011 meters).

Museums may close unexpectedly or for the observance of holidays.

Some of the older properties and attractions may not have elevators.

Due to the remoteness of Loen, the hotels are carefully chosen yet reflective of the rustic nature of the landscape.

Single accommodations are limited and are available on a first come, first served basis. Single rate subject to change based on availability. Triple rooms are not available.

For air-inclusive reservations, the name provided at time of booking must match your government-issued ID that will be used during travel. Name changes are subject to penalties.

Please be advised many airlines do not provide advance seat assignments until check-in at the airport. Advance seating will be subject to the airline's terms and conditions.

Experience It! Norwegian Fjords

The evolution of the fjords began some three million years ago, when Norway was covered by an ice cap thinner along the coast than inland. With the arrival of a milder climate, the ice began to melt and produce great waterfalls that logged the soil and descended to the sea. Valleys were filled in by the ocean, creating the fjords. Surrounded now by steep, rocky mountains, dissected by cascading waterfalls, and decorated with thriving fruit trees, the fjords are among Earth's most inspiring landscapes. You'll often find the fjords of western Norway at the top of annual must-see lists alongside the Pyramids of Egypt and the Grand Canyon. This dramatic masterpiece of nature is a true wonder of the world where the air is pure, the water is clear, and nature is unspoiled. No photograph can ever do justice to the Norwegian fjords. It is a place that must be seen to be believed.

EXTEND YOUR VACATION WITH

Optional 4 Days 3-Night Iceland Post Tour Extension

Per Person Rates: \$2,099.00 USD double, \$2,599.00 USD single, land & air inclusive

For more information on extensions and options for this tour visit
<https://gateway.gocollette.com/link/1343155>

For important reservation information visit
<https://gateway.gocollette.com/link/1343155>.
 You can also find this information on your tour documents.

For Internal Use Only

A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the seat reduction date of December 14, 2025 are based upon availability. Final payment due by March 22, 2026. Deposits are refundable up until December 21, 2025.

YOUR INFORMATION:

Clearly print your full name (first/middle/last) as it appears on your government issued travel documentation.

IMPORTANT: In order to avoid any unnecessary change fees, it is imperative that all guest names are entered correctly from the start. The information below must be the legal name and be 100% identical to the ID being used to travel <passport/driver's license> including middle names or suffixes <Jr, Sr>.

First: _____ Middle: _____ Last: _____ Suffix: _____

Nickname: _____ Gender: () Male () Female Date of Birth: month _____ day _____ year _____

Address: _____ City: _____ State: _____ Zip Code: _____

Phone: () _____ Cell: () _____ Email Address: _____

Should you become ill or injured, whom should we contact (not traveling with you): _____ Phone: () _____

ROOMING WITH: ☐ Check if address is the same as Passenger #1

First: _____ Middle: _____ Last: _____ Suffix: _____

AIR GATEWAY: Departure airport for this tour: _____

Air Seat Request: () Aisle () Window () Next To Traveling Companion

Collette cannot guarantee your seat preference. If you have not purchased air through Collette and wish to purchase transfers, you must transfer at our pre-scheduled times.

Please be advised, when travelling as part of a group, many airlines do not provide seat assignments. Preferred seating may be available for an additional charge.

Please reserve an upgrade to Elite Airfare for an additional rate of: ☐ Premium Economy \$1,890 ☐ Business Class \$3,990

Service is limited and not available on all flights or carriers. Other restrictions may apply. Please note: if you purchase an upgrade, we cannot guarantee the same flight schedule as the group. Upgraded class of service is for the international portion of the journey only.

Elite Air pricing (Premium Economy, Business Class, or First Class) is valid until 8 months prior to departure, after which rates are subject to change and will be quoted based upon availability.

Are you willing to separate from the group air schedule to accommodate your upgrade request? () Yes () No

"Federal law forbids carriage of hazardous materials such as aerosols, fireworks, lithium batteries & flammable liquids aboard the aircraft in your checked or carry-on baggage. A violation can result in 5 years' imprisonment and penalties of \$250,000 or more. Details on prohibited items may be found on TSA's "prohibited items" web page: <http://www.tsa.gov/traveler-information/prohibited-items>."

TRAVEL PROTECTION: () Yes, I wish to purchase travel protection \$549 () No, I decline

If you choose not to purchase Collette's Waiver Insurance Plan, you will incur penalties for changes and cancellations. Travel Protection Payment is due with first deposit. The Waiver Fee does not cover any single supplement charges which arise from an individual's traveling companion electing to cancel for any reason prior to departure. The single supplement will be deducted from the refund of the person who cancels. (There is coverage under Part B which includes a single supplement benefit of \$1,500 for certain covered reasons. See Part B for details.)

EXTENSION: I wish to purchase "3-Night Iceland" () Yes () No

PLEASE MAKE CHECKS PAYABLE TO: Collette

Extend your vacation with

Optional 4 Days 3-Night Iceland Post Tour Extension

Per Person Rates: \$2,099.00 USD double, \$2,599.00 USD single, land & air inclusive
4 Meals: 3 Breakfasts, 1 Dinner

Day 9: Oslo - Reykjavik, Iceland

Discover Iceland, a land and culture forged by fire and ice, where steaming lava fields reflect a volcanic nature and massive glaciers sculpt mountains and valleys, leaving thundering waterfalls and breathtaking landscapes. Upon arrival, meet with your Icelandic Tour Manager and join an orientation walk of the city. After some free time to yourself, gather with your fellow travelers and enjoy an Icelandic dinner at a popular local restaurant. *Today dinner will be included.*

Day 10: Reykjavik

This morning, join your Tour Manager for a walking tour of the city's old section featuring Hallgrímskirkja church, city hall, the harbor, and Reykjavik's oldest building – home of the Kraum Icelandic design center. Enjoy the rest of the day at leisure. Perhaps you will spend it relaxing on a scenic whale watching cruise, exploring the wonders of Iceland at the Perlan Center, or spending quality time soaking in the geo-thermal waters of the Sky Lagoon or Blue Lagoon. *Today breakfast will be included.*

Day 11: Reykjavik - Golden Circle - Reykjavik

Join a local guide to travel the incredible Golden Circle, a route that encompasses many of Iceland's renowned natural wonders. Marvel at the beauty of the Gullfoss (Golden Falls) waterfall, a stunning 100-foot double cascade. Journey to Thingvellir National Park, the nation's most historic area. Here, Icelanders gathered in A.D. 930 and established what's considered to be one of the world's first parliaments. Find yourself standing upon one of the planet's most geologically significant landscapes: Thingvellir's rugged rift valley (UNESCO) that marks the crest of the Mid Atlantic Ridge where the North American and Eurasian tectonic plates meet. Return to Reykjavik and enjoy free time to explore the city on your own. *Today breakfast will be included.*

Day 12: Reykjavik - Extension Ends

Your extension ends today. *Today breakfast will be included.*

Important Tour Extension Information:

The overall activity level of this extension is a level 2. This means you can partake in a two-hour walking tour covering up to 2 miles (including breaks), over a variety of terrains. You can climb two flights of stairs with ease and handle altitudes up to 6,000 feet. While this level is appropriate for travelers that require mobility assistance devices, there could be times when you may have to sit out on some of the included activities.

Fully-guided extensions are a great way to explore a new destination. Enjoy sightseeing and local experiences led by a Tour Manager or local expert.

We reserve the right to cancel this extension if a minimum of 6 travelers is not met to operate.

Extensions are subject to availability and applicable charges at time of request.

If you require any special assistance while on tour, please make us aware at time of reservation so the necessary request form can be sent to your attention.

Single accommodations are limited and are available on a first-come, first-served basis. Single rate subject to change based on availability.

Due to flight schedules, a post night may be required in some Icelandair gateway cities (at an additional cost). Please inquire at time of reservation.

Air inclusive rate is valid for travelers who have purchased our air package for the full tour, depending on the air schedule selected. Rate may vary for those who have purchased their own air.

For air-inclusive reservations, the name provided at time of booking must match your government-issued ID that will be used during travel. Name changes are subject to penalties.

The purchase of an additional air segment is required for this extension. Please inquire for air rate at the time of booking.



Special Needs Form

Please complete this form, sign and return it to us within 14 days of receipt.

Email: TravelOperations@collette.com

Fax: 401.727.4745

Mail: Collette: Travel Operations
180 Middle Street
Pawtucket, RI 02860

TRAVELERS NEEDING SPECIAL ASSISTANCE

You must report any disability requiring special attention to Collette at the time the reservation is made. *Collette will make reasonable efforts to accommodate the special needs of tour participants. Such participants, however, should be aware that the Americans with Disabilities Act is inapplicable outside of the United States and facilities outside the United States for disabled individuals are limited. It is strongly recommended that persons requiring assistance be accompanied by a companion who is capable of and totally responsible for providing the assistance. Neither Collette nor its personnel, nor its suppliers, may physically lift or assist clients into transportation vehicles. If a traveler thinks he or she might need assistance during a trip, he or she should call Collette to determine what assistance might reasonably be given. Collette cannot provide special individual assistance to tour members with special needs for walking, dining, or other routine activities. Internationally, a great deal of walking may be necessary to fully enjoy the destination. Travelers should be in good health and must be able to walk reasonable distances. In some areas, travelers may be required to walk on uneven ground, cobblestone streets or raised thresholds.

****To request a wheelchair accessible room on a cruise, the traveler or person sharing the room must have a recognized disability that alters a major life function and requires the use of a mobility device and the use of the accessible features provided in the wheelchair accessible stateroom. The cruise company may take appropriate action against someone who has reserved or purchased such a stateroom fraudulently. Action may include but is not limited to removal from the stateroom to a non-accessible accommodation up to denial of boarding.***

Reservation # _____

Name: _____ Male or Female (circle one)

Are you traveling with a wheelchair? Yes No

If you answer "YES"

- Does your wheelchair collapse? Yes No
- Can you stand and climb steps to board the coach without it? Yes No
- Are you capable of lifting your own wheelchair? Yes No

If you are not capable of lifting your own wheelchair who will provide assistance?

This form cannot be processed without the dimensions of your wheelchair:

Height _____ Length _____ Width _____

Are you traveling with a walker? Yes No

If you answer "YES"

- Does your walker collapse? Yes No

This form cannot be processed without the dimensions of your walker:

Height _____ Length _____
Width _____

Tour Managers and drivers do not provide assistance lifting, pushing or carrying wheelchairs or walkers. Motorized scooters are not permitted on tour.

Are you requesting any hotel room accommodations? Yes No

If "YES" Please indicate if one or more of the following is required in the washroom.

- Walk-in shower Yes No
- Grab bars Yes No
- Raised toilet seat Yes No

Please provide any details in reference to the nature of your request.

Most hotel rooms that can accommodate the request will be equipped with only 1 bed.

Do you understand and accept? Yes No

Collette cannot guarantee the availability of such rooms as many hotels have a limited number of rooms that are equipped with the above accommodations.

Are you traveling with an oxygen tank? Yes No

If you answer "YES"

- You must contact the airline directly to arrange transportation of the oxygen on the plane. Oxygen requests vary by airline and location and can take up to 2 weeks to request.
- You are responsible for supplying your own electrical cords, and converters as needed.

This form must be remitted within 14 days of receipt for any special needs accommodation request.

Collette cannot provide special individual assistance to tour members with special needs for walking, dining, or other routine activities and motorized scooters are not permitted on tour.

The Americans with Disabilities Act only applies in the United States. Many international destinations cannot accommodate passengers' requests. Collette will make all reasonable efforts to accommodate the special needs of tour participants, but we cannot guarantee that all requests will be honored on international destinations.

Collette also regrets that it cannot provide individual assistance to a tour member with special needs for walking, dining, or other special personal needs. It is strongly recommended that persons requiring assistance be accompanied by a companion who is capable and totally responsible for the assistance.

I have read and understand the above:

Signature: _____

Print Name: _____

Internal Use Only

Reason: _____

Tour: _____ Reservation # _____

TS/Group: _____

Tour Date: _____